

CINDY L. MCGINLEY

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EDUCATION AND TRAINING

Alcohol and Substance Abuse Counselor Certificate | January 2020

Cazenovia College | Cazenovia, NY, USA

- 350 OASAS education and training hours toward CASAC-T

Post-Masters Certificate in Equine-Assisted Mental Health | December 2018

Prescott College | Prescott, AZ, USA

- Over 100 EAMH clinical hours (including intake, assessment, and treatment planning)
- Co-facilitated equine-assisted psychotherapy sessions (individual and group)
- Specialized Courses: *Explorations in EAMH, Group Process & Facilitation in EAMH, Equines in the Therapeutic Environment, Best Practices in EAMH, EAMH Field Experience*

M. S. in Counseling | May 2018

Prescott College | Prescott, AZ, USA

- Clinical Mental Health Counseling specialization
- Specialized Courses: *Counseling Methods: Prevention & Intervention, Counseling the Depressed Client, Transpersonal & Energy-Based Therapies, Couple & Family Counseling, Chemical Dependency & Substance Abuse*

B. S. in Elementary Education, N-6

SUNY Cortland | Cortland, NY, USA

- Social Science concentration
- English Literature minor
- Dean's List

A.A.S. in Equine Science (Saddle Horse Production & Management)

SUNY Morrisville | Morrisville, NY, USA

- Draft Horse Outstanding Student Award
- Phi Theta Kappa National Honor Society
- Tutor of Equine Anatomy & Physiology
- Teaching Assistant, Draft Horse Driving Class

COUNSELING EXPERIENCE

Transformational Life Coach, Shamanic & Equine-Assisted Counselor, Owner | 2009 - present

Black Horse Spirit, LLC | Chittenango, NY

- Life coaching, shamanic counseling/healing, equine-assisted learning and equine-assisted counseling, heart-centered hypnosis, psychoeducation
- Promoting balance of mind, body, and spirit

Substance Use Disorder Counselor Intern | 12/17/2019 – 01/16/2020

Liberty Resources' Maxwell House for Men | Oneida, NY

- Co-facilitated group and individual SUD counseling utilizing a harm reduction model
- Facilitated life skills training in transpersonal and pre-vocational practices

Clinical Mental Health Counselor Intern | 06/13 – 06/19/2018, 10/23 – 10/28/2018

Horse Sense of the Carolinas | Marshall, NC

- Co-facilitated equine-assisted counseling sessions, group and individual
- Co-facilitated a 4-day female veterans' equine-assisted psychotherapy retreat
- Trauma-focused intake, assessment, and treatment planning

COUNSELING EXPERIENCE (CONTINUED)

Clinical Mental Health Counselor Intern | 09/2017 – 05/2018

Cazenovia College | Cazenovia, NY

- 700+ clock hours of supervised counseling internship
- Co-facilitated therapeutic recreation inclusion program; facilitated life skills training
- Career counselor in the Career Services office

Clinical Mental Health Counselor Intern | 2016

The RoseHeart Center | East Syracuse, NY

- 124 clock hours of supervised counseling practicum, over 50% direct client hours
- Counseling of 8 female clients for 10-week short-term therapy with presenting issues of depression, anxiety, OCD, PTSD, complex trauma, & existential crisis
- Successfully utilized my transpersonal/existential/person-centered/feminist approach

OTHER WORK EXPERIENCE

Owner/Facilitator | 1985 - present

Rivendell Farm | Chittenango, NY

- Equine behavior specialist and riding/driving instructor
- Operation and management of horse rescue (formerly a breeding/training facility)
- Facilitate group and individual equine-assisted sessions, retreats, & corporate trainings

Chief Financial Officer/Office Manager | 1980 - present

Louis DeMario & Sons, LLC | Kirkville, NY

- Accounts receivable, accounts payable, payroll, computer systems, procurement of supplies, banking, executive assistant
- Customer service, human resources

Central Region Addiction Resource Center (CRARC) Assistant | 09/2017 – 10/2018

BRIDGES (Madison County Council on Alcohol & Substance Abuse) | Oneida, NY

- Helped to build a 5-county coalition under a grant from OASAS to combat the opioid epidemic in Central NY
- Co-facilitated bi-weekly LGBTQIA+ support group for youth 13 to 19

CERTIFICATES AND ASSOCIATIONS

- American Counseling Association
- OASAS Military Culture Certificate
- EAGALA certified
- Natural Lifemanship Certificates: Fundamentals and Intensive
- Mental Health First Aid
- Naloxone Emergency Administration
- Certified Clinical Trauma Professional (CCTP)
- AMHCA
- National Guild of Hypnotists
- Sandra Ingerman's 2-Year Shamanic Teacher training
- Clinical Skills Intensive: Equine-Assisted Therapy
- Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- OASAS Personality Disorder and Substance Use Certificate

ADDITIONAL INFORMATION

- Member of the Board of Directors for the ECIR Group, Inc. non-profit
- Americorps service member, 2017-2018
- Host/organizer/facilitator for various transpersonal workshops and seminars
- Host/organizer for the inaugural 2011 ECIR No Laminitis! Conference
- Trained in Aikido, the "Way of Harmony" (defensive martial art)

ORIGINAL PAPERS

- A Transpersonal Approach to Existential Crisis: Shamanic Methods in Therapeutic Practice
- Finding Meaning from Crisis: Psycho-Spiritual Intervention for Traumatic Bereavement
- Equine-Assisted Psychotherapy: An Alternative Treatment for Binge Eating Disorder
- Horse as Healer: Treating Depression with Equine-Assisted Psychotherapy
- Journey into the Natural World: Horse as Spiritual Teacher (Group EAL Program)